

Subscription for your local paper.
Salt Lake City, Utah, October 3rd, 1907.
The business of the late John McVicker Assayer, will be continued by his wife, at his request, under the name of John McVicker Assay Office at 46 Richards St. Mr. Arthur Selby, for three years at the Union office, will act as manager, which will be a guarantee that all work done at the office will be satisfactory.
Mrs. McVicker and Mr. Selby ask that all old customers continue their patronage and solicit new work from their friends.

If you want a reference about us, ask anybody—any responsible person in the state. We sell the best Jewelry, Watches and Diamonds to be had at very reasonable prices. Our guarantees are absolute.

ESTABLISHED 1862

Park's

JEWELRY STORE

170 MAIN ST. SALT LAKE CITY, UTAH.



M. R. 2 Columbia Phonograph Company, General Agents, 217-29 S. Main St., Salt Lake City, Utah.
Please send me your Free Trial and Easy Payment Offer with illustrated literature.

1906 MODELS.
Grand Prize, Paris, 1900; Double Grand, St. Louis, 1904.
Send coupon below, filled out, to our nearest dealer or to us and get our Free Trial and Easy Payment Offer for responsible parties anywhere in the United States. Don't delay. This is your opportunity to secure absolutely the best Talking Machine made, on payments that will not be felt. We accept old machines in part payment. A written guarantee from the oldest, largest and most successful manufacturers of Talking Machines in the entire world.
Columbia Phonograph Co., Gen'l.

Name
Street and No.
City State

California....

Low one way Colonist tickets on sale daily until October 31st, with STOP-OVER PRIVILEGES. New Direct Route to NEVADA'S GOLD FIELDS..... Beatty, Rhyolite, Goldfield and Tonopah.

SALT LAKE ROUTE

Best local train service in Utah. Ask the agent, or address J. H. Burtner, District Pass. Agent, Salt Lake City.

The DENVER & RIO GRANDE RAILROAD

SCENIC LINE OF THE WORLD.

PANORAMA OF NATURAL BEAUTY ALL THE WAY.

THREE THROUGH TRAINS.

CANYON of the GRANDE
EAGLE RIVER CANYON.
WAGON WHEEL GAP.
GLENWOOD SPRINGS.
CANYON of the GUNNISON.
GARDEN of the GODS.
MANITOU SPRINGS.
THE ROYAL GORGE.

THROUGH PULLMAN and TOURIST SLEEPERS. TO DENVER. ST. LOUIS AND CHICAGO

For Folders, Booklets, Etc., Address I. A. BENTON, G. A. P. D., Salt Lake City.

We Cure Men For \$12.50

No Pay Unless Cured
Consultation Free.

WE ARE THE Leading Specialists

Not only in Salt Lake City, but in the whole Pacific West. The results of our professional work are bringing to our office men from every state and Territory in the West. We use the microscope to make our diagnosis. If you want a permanent cure, consult us.

We cure all forms of Blood and Skin Diseases, Nervous Decline, Piles, Prostatitis, Kidney, Bladder and all Urinary Diseases due to Weakness and the result of specific diseases, and all Private Diseases of Men.

OUR SYSTEM OF TREATING is superior to any in this country, and our cures are the result of these methods. We never fail to affect a cure in any case we take. If you suffer from neglect, from want of money or from unskilled practice—here is an opportunity to get the services of a skilled specialist, a graduate physician, with years of ripe experience in treating complicated and special disorders of MEN ONLY. It will cost nothing to talk to us, and may be the means of restoring you to health and happiness. Why not call today? Our offices are very private. You see only the doctor. Our fee being so low, it enables many who are afflicted to procure the highest scientific medical assistance. Terms made to suit if necessary, so that anyone need not go without treatment.

We Want Every Man in the Country Who is Afflicted to Write Us About His Ailment.

Hours: 9 a. m. to 5 p. m.; evenings, 7 to 9:30; Sundays, 9 a. m. to 12 noon.

SALT LAKE MEDICAL INSTITUTE,
150 1/2 S. MAIN ST., SALT LAKE CITY, UTAH.

AROUND THE HOUSE

LITTLE THINGS THAT AMOUNT TO MUCH.

Use Hydrogen Peroxide to Remove Blood Stains—Cream of Tartar When Ink is Spilled—Proper Way to Clean Ivory.

Hydrogen peroxide is good for removing stains caused by blood, but must be used with care. If gravy is spilled on your table linen or gown, it may be taken out quickly by the use of a little peroxide. To avoid weakening the material this should be immediately followed by the use of an alkali. If just removing a spot, sponge the fabric first with peroxide until the stain has vanished, then follow with a solution of weak ammonia. If you have been unfortunate in staining a handsome gown or blouse that cannot be laundered, dampen starch and place it thickly upon the stain. When dry brush off the starch. This may have to be repeated several times. Mildew is a stubborn stain. Try immersing the spots first in buttermilk, or lemon juice, then launder in the usual manner.

It is difficult to remove ink stains nowadays, because modern chemical inks are quite distinct in character from the old compounds. However, many suggestions are offered for removing ink. One way is to cover the stain thickly with cream of tartar, then hold the fabric over a bowl, and pour boiling water through it. If the stain is taken in hand at once it will disappear quickly. If dry and old, it may need several fresh applications of cream of tartar and boiling water. If still obstinate, lay the article in the sun, moistening from time to time with the same mixture. Lemon juice and salt is also often an effective mixture. The fabric should be placed in the sun. Another remedy for ink-stains on white goods is hot tallow. Dip the spots in the melted tallow, let it cool on the goods, then brush off and launder.

To clean ivory that has become brown or of a blackish tint, dissolve rock alum in rain water; boil this and keep the ivory in the boiling solution for about an hour, taking it out from time to time and cleaning it with a soft brush; then let it dry in a damp linen rag, when it will be found thoroughly cleaned. Ivory is often bleached by the simple process of dampening it and exposing it to the rays of the sun, a process which must be frequently repeated.

It is said that potatoes will bake in much less time if the skins are greased before putting them into the oven. The skins will come off more easily and will be as thin as when boiled.

It will be economy to finish your sheets with the same width hem at each end. By so doing they can be used either side up, and gain much wear.

Sulphur Apples.
Peel, core and quarter your apples. Measure them into a market basket and to each gallon of prepared apples allow one tablespoonful of sulphur. Put the sulphur into an old tin. Set this in the bottom of a barrel and drop a live coal upon the sulphur. Hang the basket of apples in the barrel and cover as quickly as possible, making barrel as nearly air tight as you can. Let the apples remain in the sulphur fumes several hours. Then place them in jars and tie a cloth over the top of each jar and your apples are all right. When you want to use them, soak them for an hour or two before using them. Use just like green apples.

To Clean White Mackintosh.
Unless extremely soiled a white mackintosh may be cleaned by washing with soap and water; but if it is exceptionally dirty dip it first in cold soft water and then lay on a clean table or board. With a soft scrubbing brush scrub with yellow soap on both sides until dirt is removed. Then dip in three or four waters until soap is removed entirely, and hang it up in the air, without wringing it. If the mud stains around the bottom have been in long and are obstinate it is best to send it to an expert cleaner.

Tin and Acids.
No acids should ever be used to clean tinware. The best possible means of keeping it in good condition is to wash it in boiling water until every particle of grease is removed. Once a week it can be rubbed with a little powdered rotten stone and sweet oil mixed and finished with a little whitening on a piece of chamola. Tins that have become old and dingy can be brightened by rubbing with a moist piece of flannel dipped in saleratus.

A Bride's Aprons.
The most serviceable pieces in one's wardrobe this summer were the overalls aprons given the bride by her girl friends at a linen shower. They are of prettily colored linen embroidered in white, and made to cover the dress completely from neck to hem. They are semi-fitting princess affairs, with wide kimono elbow sleeves, and button in the back with one large button.

Cheese Straws.
One cup grated cheese; add one cup flour, half of a small cup butter and a quarter teaspoonful salt; knead all together until of the right consistency to roll without crumbling; bake.

A Young Composer.
Rachel, aged 12, wrote a composition on wild flowers in which she praised the arbutus, the liverwort, the spring beauty, the blood root, and all of the other blossoms of dell and dale. But she wrote on both sides of her sheet of paper, and when she asked her father, who was an editor, to publish her article, he called her attention to that fact.
"You've written on both sides of your paper," said he.
"Well," was the reply, "and don't you print on both sides of yours?"

ALL THINGS IN PROPORTION.
Invalid's Meal Evidently Had Not Increased Good Humor.

For many weeks the irritable merchant had been riveted to his bed by typhoid fever. Now he was convalescing. He clamored for something to eat, declaring that he was starving.
"To-morrow you may have something to eat," promised the doctor. The merchant realized that there would be a restraint to his appetite, yet he saw, in vision, a modest, steaming meal placed at his bedside.
"Here is your dinner," said the nurse next day, as she gave the glowing patient a spoonful of tapioca pudding, "and the doctor emphasizes that everything else you do must be in the same proportion."

Two hours later the nurse heard a frantic call from the bed chamber.
"Nurse," breathed the man hoarsely, "I want to do some reading, bring me a postage stamp."

HAVE CRAZE FOR FORMULA.
Smokers Follow Fashions in the Use of Tobacco.

"Make me up a package of tobacco according to the formula used by Edwin Booth," said the man with a southern accent. "That is the third man who has asked for that kind of tobacco to-day," said the dealer. "It is strange that people from remote parts of the country as well as New Yorkers make a fad of buying the same brand of tobacco that Booth smoked. And it isn't always the Booth mixture that they want. I have filed away the formulas for mixing the favorite tobacco of many famous persons. Smokers the country over have heard of this collection of recipes and one feature of every man's trip to New York is to try a pipeful of some big man's favorite tobacco. In most cases this special mixture is so strong that the nerves of the average smoker cannot stand it. He has to give up after a few pipefuls and go back to a popular mixture, but he has the satisfaction of having had the experience."—The New York Sun.

"BOO-HOO"
Shouts a Spanked Baby.

A Doctor of Divinity, now Editor of a well-known Religious paper, has written regarding the controversy between Collier's Weekly and the Religious Press of the Country and others, including ourselves. Also regarding suits for libel brought by Collier's against us for commenting upon its methods.

These are his sentiments, with some very emphatic words left out.
"The religious Press owes you a debt of gratitude for your courage in showing up Collier's Weekly as the 'Yell-Oh Man.' Would you care to use the enclosed article on the 'Boo Hoo Baby' as the 'Yell-Oh Man's successor?'"
"A contemporary remarks that Collier's has finally run against a solid hickory 'Post' and been damaged in its own estimation to the tune of \$750,000.00."

"Here is a publication which has, in utmost disregard of the facts, spread broadcast damaging statements about the Religious Press and others and has suffered those false statements to go uncontradicted until, not satisfied after finding the Religious Press too quiet, it makes the mistake of wandering into fresh field and butts its rattled head against this Post and all the World laughs. Even Christians smile, as the Post suddenly turns and gives it back a dose of its own medicine."

"It is a mistake to say all the World laughs. No cheery laugh comes from Collier's, but it cries and boo hoo like a spanked baby and wants \$750,000.00 to soothe its tender, lacerated feelings."

"Thank Heaven it has at last struck a man with 'back bone' enough to call a spade a 'spade' and who believes in telling the whole truth without fear or favor."

Perhaps Collier's with its "utmost disregard of the facts," may say it is such letter exists. Nevertheless it is on file in our office and is only one of a mass of letters and other data, newspaper comments, etc., denouncing the "yellow" methods of Collier's. This volume is so large that a man could not well go thru it under half a day's steady work. The letters come from various parts of America.

Usually a private controversy is not interesting to the public, but this is a public controversy.
Collier's has been using the "yellow" methods to attract attention to itself, but, jumping in the air, cracking heels together and yelling "Look at me!" wouldn't suffice, so it started out on a "Holler Than Thou" attack on the Religious Press and on medicine.

The "Mound City."
St. Louis rejoices in the sobriquet of Mound City from the fact that the original settlers found there many elevations which it is supposed were relics of that strange people who dwelt in the Ohio and Mississippi valleys and are known to modern times only as the Mound Builders. No adequate explanation has yet been found of their strange mode of leaving memorials of their existence. The limestone bluffs on which a part of St. Louis stands furnish a solid foundation for the business buildings.

Held Up.
"Stop!" shouted the man on the country road, holding up a warning hand. Muttering something about rural cops, the automobilist obeyed.
"Turn around and come back to town with me," said the stranger. "You were going at least 35 miles an hour."
"You're a constable, I suppose," said the automobilist, with a covert sneer, when they had reached the village.
"Met?" replied the passenger. "No, I'm a farmer and had to come into town when all the teams was busy. Nice growing weather? Thanks. Good-by."
Ensuing comment is purposely omitted.—Philadelphia Public Ledger.

Belling a Rat.
You have probably read or heard that the best way to rid a house of rats is to catch one and fasten a bell about its neck. A boy in Delaware tried the experiment two months ago. He was badly bitten in making the bell fast, but he turned the rat loose and expected the tinkling of that bell would have great results. It did have. In the first place, the rat who wore it was constantly on the move all night, and the tinkling bell kept the family awake, and in the next the sounds brought scores of new rats to the house. Instead of being afraid of the bell, they were charmed with the music. Had the boy tied a harmonica to another rat's tail, the rodents would have had a dance every night.

She Was Willing.
"Yes," says the husband, "I have consented to accept the nomination."
"I am so glad the party is beginning to recognize your merit," beams the wife.

"Now my dear," the husband continues, "you know that political affairs are not love feasts, by any means. You must expect to see me vilified and attacked in a scandalous manner. No doubt the opposition will try to dig up sensational rumors about me, and all that sort of thing, but you must not—"
"Well," she interrupts, "I am really glad of it. You have always been strangely silent about whether or not you ever were engaged to anyone before you met me."

The Way of the Child.
A small boy who had recently passed his fifth birthday was riding in a car with his mother, when they were asked the customary question: "How old is the boy?" After being told the correct age, which did not require a fare, the conductor passed on to the next person.
The boy sat quite still as if pondering over some question, and then, concluding that full information had not been given, called loudly to the conductor, then at the other end of the car: "And mother's 31!"

A Definition of Success.
How have the hypothetical scientists and the exponents of unbelief benefited themselves or humanity at large by sowing the seeds of doubt broadcast in the world? The real scientists do not fall in this category, for they are believers in the real sense of the word; they know too much, they have seen too many mysterious manifestations of the Divine creative power. Now, those who have disposed of the Bible and all evidences of inspiration, have written a great many books and some of them have won what the world at large lightly calls fame. According to the ordinary measures that are applied in such cases, they have been extremely successful, but real success means the benefit of humanity in some form or other. If no such benefits can be shown as the result of their labors, their success is not equal to that achieved by the direct poverty and the deepest ignorance.—Joel Chandler, in Uncle Remus Magazine.

WHEN A "HUNCH" HELD GOOD.
Chinese Laundry Ticket Suggested a Bet on "Wing Ting."

Kay Spence, a well-known horseman of Mexico, Mo., won \$1,000 at the Louisville, Ky., race meeting a short time ago as the result of a "hunch." Mr. Spence has a large breeding stable of "runners" near Mexico, and attends all the big racing events in the country. Not long since he was in Louisville and entered the betting ring to see what odds were being offered on the various entries. He found that Joquin was the favorite at even money, and pulled his wallet from his pocket, intending to bet on that horse. His attention was attracted by something that fell from his wallet to the ground, and he stooped and picked it up. It was a Chinese laundry ticket. He looked at the "books" again and found that there was an entry with a Chinese name, Wing Ting, at ten to one. That settled it, for he considered he had received a "hunch" that could not be overlooked. Wing Ting won handsily. Needless to say, those who backed the favorite considered Spence the seventh son of the seventh son.—Kansas City Star.

"BOO-HOO"
Shouts a Spanked Baby.

such as white bread, potatoes, rice, partly cooked cereals and such.
Starchy food is not digested in the upper stomach but passes on into the duodenum, or lower stomach and intestines, where, in a healthy individual, the transformation of the starch into a form of sugar is completed and then the food absorbed by the blood.

But if the powers of digestion are weakened, a part of the starchy food will lie in the warmth and moisture of the body and decay, generating gases and irritating the mucous surfaces until under such conditions the whole lower part of the alimentary canal, including the colon and the appendix, becomes involved. Disease sets up and at times takes the form known as appendicitis.

When the symptoms of the trouble make their appearance, would it not be good, practical, common sense, to discontinue the starchy food which is causing the trouble and take a food in which the starch has been transformed into a form of sugar in the process of manufacture?

This is identically the same form of sugar found in the human body after starch has been perfectly digested.
Now, human food is made up very largely of starch and is required by the body for energy and warmth. Naturally, therefore, its use should be continued, if possible, and for the reasons given above it is made possible in the manufacture of Grape-Nuts.

In connection with this change of food to bring relief from physical disturbances, we have suggested washing out the intestines to get rid of the immediate cause of the disturbance.
Naturally, there are cases where the disease has lain dormant and the abuse continued too long, until apparently only the knife will avail. But it is a well-established fact among the best physicians who are acquainted with the details above recited, that preventative measures are far and away the best.

Are we to be condemned for suggesting a way to prevent disease by following natural methods and for perfecting a food that contains no "medicine" and produces no "medicinal effects" but which has guided literally thousands of persons from sickness to health? We have received during the years past upwards of 25,000 letters from people who have been, either helped or made entirely well by following our suggestions, and they are simple.

If coffee disagrees and causes a y of the ailments common to some coffee users quit it and take on Postum.
If white bread, potatoes, rice and other starch foods make trouble, quit and use Grape-Nuts food which is largely predigested and will digest, nourish and strengthen, when other forms of food do not. It's just plain old common sense.

There's a Reason for Postum and Grape-Nuts.
Postum Cereal Co., Ltd.